



**Mount
Sinai
South
Nassau**



MIKE LUKOVICH
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Update on Coronavirus

We are seeing fewer hospitalizations for COVID-19 at Mount Sinai South Nassau and it seems that we are on the downside of the curve. We remind you to continue social distancing, practice good hand hygiene and to follow the directives of public health officials so that we do not see a resurgence of this potentially deadly virus. We are not out of the woods yet.

Mount Sinai South Nassau COVID-19 Data Dashboard

217

Confirmed or Suspected COVID-19 patients currently in house

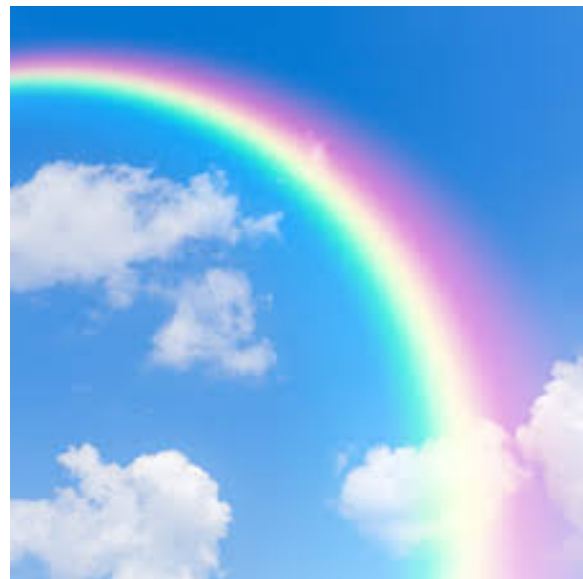
456

**COVID-19 patients
discharged HOME**

36

Ventilated COVID-19 Patients

as of April 23, 2020



For a video recap of Newsday's compelling visit 'Inside the Red Zone' at Mount Sinai South Nassau last week during which reporters documented the daily life and death COVID-19 struggles faced by our nurses, doctors and patients, [Click here](#)

Here Comes the Sun...

A Survivor of Severe COVID-19 Goes Home

Debbie Rifenbury, 61, of Oceanside, knows well the ravages of the coronavirus. Nearly three weeks ago, doctors admitted the grandmother of four to Mount Sinai South Nassau with a 105-degree temperature, weakness and trouble breathing. Despite lifesaving medications and oxygen, her condition took a turn for the worse and she found herself in the hospital's ICU,

needing a machine to breathe.



After six days, Debbie came off the ventilator and on April 20, she went home, becoming just one of the 456 COVID-19 patients discharged so far from Mount Sinai South Nassau. Front-line staff continues to care for the remaining 217 hospitalized COVID-19 patients, 36 of whom are on ventilators.

With the number of new COVID hospitalizations down and the overall census reduced, Mount Sinai South Nassau has begun to turn a corner with coronavirus. "We are off the peak, but we are still running a higher than normal patient census," said Adhi Sharma, MD, Chief Medical Officer and Executive Vice President. "We don't have extra capacity and we hope people will keep social distancing. The number of new COVID cases is not zero yet and it will be early May at minimum before we can even think about anything returning to near normal. As recently as a week ago, we were near capacity and that is not a place where we want to be again."

Help support our Front-line Heroes

Mount Sinai South Nassau is committed to protecting the public health of our community and taking whatever steps are needed to stay ahead of this deadly virus. With YOUR help, we'll get through this.

Please consider making a tax-deductible donation to Mount Sinai South Nassau's lifesaving COVID-19 Relief Fund right now.

[Donate now...](#)



Help COVID-19 Sufferers Combat the Disease

If you've had COVID-19, please consider donating your plasma so that your antibodies can help save those who are still fighting off the potentially deadly impact of coronavirus. The Mount Sinai Health System has been a leader in developing antibody therapy. During this process, the antibodies from a person who survived COVID-19 are transferred to critically ill COVID-19 patients to help them fight the virus.

To hear more about antibody testing and plasma donation, watch the Facebook LIVE interview with **Adhi Sharma, MD**, Chief Medical Officer and Executive Vice President & **Aaron E. Glatt, MD**, Chair, Department of Medicine and Hospital Epidemiologist



Mount Sinai South Nassau and other hospitals within the Mount Sinai Health System have already begun treating patients with this promising therapy. A single donation of antibodies can be used to treat one to two patients. If you have been tested and have high antibodies, you will be referred to the New York Blood Center for possible plasma donation. But the supply of plasma therapy depends on donations and there is currently not enough to go around. That's why we need your help.

Members of the public who have recovered from COVID-19 are encouraged to be tested at Mount Sinai Doctors - Five Towns located at 1436 Broadway in Hewlett. Visit <https://covidserum.com/hewlett%2C-ny> or call 516-360-2962 for more information.

While more studies need to be conducted to confirm the effectiveness of the antibody therapy, physicians at Mount Sinai South Nassau in Oceanside have seen encouraging results in some patients who have received the treatment.

Acts of kindness...

They All Screamed for Ice Cream

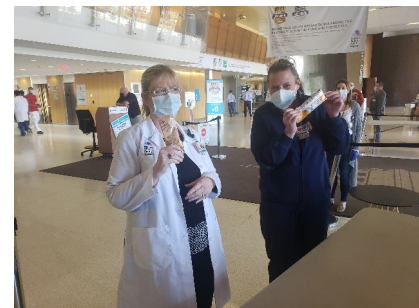


Joseph J. Fennessy

Chair, Board of Trustees
Mount Sinai South Nassau

Staff enjoyed frozen treats donated by Mount Sinai South Nassau Board Chair Joseph J. Fennessy.

More than 1,000 Good Humor ice cream bars were distributed to hardworking nurses, doctors and staff, providing a welcome break from the front-line.



Nourishment for the Night Crew



Frank Coletta, MD, Co-Chief, Critical Care, Mount Sinai South Nassau, grabs a quick bite before heading back to work, thanks to the Seawane Club, Hewlett Harbor, which delivered delectable sandwiches and wraps to the front lines on the night shift at Mount Sinai South Nassau.





Rockville Links Club managers Brandon Hildebrandt, left, and Brad Matthees, along with Mount Sinai South Nassau's Executive Director of Public Relations Dana Sanneman, pose with some of the club's donations of 300 delicious dinners that also were earmarked for the hospital's night shift.

A very special thank you to Parlay, Mesita and Salt On The Water for delivering 200 delicious dinners to our overnight staff.



Sweat Suits for the Trip Home



Erick Romero, of Materials Management, shows off one of the more than 150 sweat suits donated by the Kiwanis Club of Oceanside, the Oceanside Chamber of Commerce, and Oceanside Community Service, Inc., for our COVID-19 patients to wear home when they are discharged from the hospital. Many COVID patients do not want to bring home the clothes they had on when admitted.

Elected Officials Thank Mount Sinai South Nassau

Mount Sinai South Nassau is grateful to Senator Todd Kaminsky, of Long Beach, who donated ice cream and distributed handmade thank you cards to the hospital's front-line staff. Sen Kaminsky was joined by Assemblywoman Judy Griffin who helped distribute the hope-filled messages from the community.



A big thank you to our amazing community and all the local businesses for their support during this difficult time. Your donations of food for our hardworking nurses and staff have warmed our hearts and lifted our spirits. We are so grateful. Please continue to support these local businesses who donated to Mount Sinai South Nassau.

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[Finn's Deli](#)
[Massapequa Diner](#)
[Philly Pretzel Factory](#)

Baldwin

[Baldwin Harbor Deli](#)
[Delicious Moments Caterers](#)
[Sonny's Canal House](#)

Bellmore

[Bellmore Dermatology](#)

Cedarhurst

[Central Perk Cafe](#)

East Rockaway

[Tony D's Pizzeria](#)

Far Rockaway

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Floral Park

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Freeport

[The Dover Group](#)
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[Montana Brothers Pizzeria](#)

Hewlett

[Central Perk](#)
[DaNicola Restaurant](#)
[Hewlett Frozen Yogurt](#)
[The Seawane Club](#)

Island Park

[Bridgeview Yacht Club](#)
[Jack's Pizza](#)
[Pancho's of Island Park](#)

Long Beach

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[Long Beach Social](#)
[Mio Posto](#)

Lawrence

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Oceanside

[24 Hour Bagel](#)
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[Lia's Pizzeria](#)
[Mario's Bakery](#)
[Oceanside Library](#)
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[Oceanside School #5](#)
[Pastosa Pasta](#)
[Stonegate Real Estate](#)
[Tazzetto](#)
[Villa Formia](#)

Rockaway Beach

[Madelaine Chocolate Company](#)

Rockville Centre

[BareBurger](#)
[Burgerology](#)
[Blue Moon Pizza of RVC](#)
[CJ's Diner of RVC](#)
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[Front Street Bakery](#)
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[Polka Dot Pound Cake](#)
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[Friendlier Restaurant and Pizzeria](#)

For the most up to date information about COVID-19, please visit the CDC website at: www.cdc.gov/coronavirus

Mount Sinai South Nassau COVID-19 information is located at:
southnassau.org/covid19

Thank you for supporting Mount Sinai South Nassau. Be assured that we are monitoring the COVID-19 situation very closely and are prepared to meet the needs of the communities we serve.

Mount Sinai South Nassau | 516-632-3000